



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
1	00:59:07	NTANDO	LUVOYO	3233	SENIOR	SATORI A.C	
2	01:01:11	VERLAND	GERRIT	3259	SENIOR	SATORI A.C	
3	01:02:03	KANOUNI	YOUSSEF	4973	SENIOR	NEDBANK RUNNING CLUB	
4	01:03:44	WINTER	RYAN	2177	SENIOR	PINELANDS A.C	
5	01:04:04	MITCHELL	CHRIS	216	MASTER	CELTIC HARRIERS	
6	01:04:26	JEPPE	WARREN	990	SENIOR	VARSIY OLD BOYS R.C	
7	01:09:10	BENNETT	PETER	7175	SENIOR	WEST COAST A.C	
8	01:09:48	KALIS	MARK	212	SENIOR	CELTIC HARRIERS	
9	01:10:13	HINDLEY	SYLVANO	4977	SENIOR	ITHEKO SPORT A.C	
10	01:10:51	HOLMES	LINLEY	6703	VETERAN	FISH HOEK A.C	
11	01:11:27	MARCUS	GRANT	0	SENIOR	NONE	
12	01:11:37	COURTS	JASON	321	SENIOR	CELTIC HARRIERS	
13	01:12:06	GREDLEY	TRISTAN	0	SENIOR	NONE	
14	01:12:20	ASHBY	BRENTON	6119	VETERAN	HOUT BAY HARRIERS	
15	01:12:49	PIKKER	MARK	507	SENIOR	VARSIY OLD BOYS R.C	
16	01:13:07	MOLDENHAUER	DEAN	1742	VETERAN	NEW BALANCE MULTISPORT CLUB	
17	01:13:15	PERKINS	MATTHEW	2180	SENIOR	PINELANDS A.C	
18	01:13:31	SWART	SEB	0	SENIOR	NONE	
19	01:13:40	HANEKOM	PIETER	3044	VETERAN	NEDBANK RUNNING CLUB	
20	01:14:15	DOUGLAS	WARREN	826	SENIOR	VARSIY OLD BOYS R.C	
21	01:14:16	BADENHORST	HEINRICH	817	SENIOR	VARSIY OLD BOYS R.C	
22	01:15:01	WICKHAM	CHRIS	729	VETERAN	VARSIY OLD BOYS R.C	
23	01:15:17	MACPHERSON	DIANA	5603	VETERAN	FISH HOEK A.C	
24	01:15:24	WHITMILL	BARRY	6323	VETERAN	FIT 2000	
25	01:15:34	WALLACE	WILLIAM	0	SENIOR	NONE	
26	01:15:45	ELS	EION	697	SENIOR	WEST COAST A.C	
27	01:15:52	JANARI	BRENT	969	SENIOR	VARSIY OLD BOYS R.C	
28	01:16:46	TROJAN	JANA	848	VETERAN	VARSIY OLD BOYS R.C	
29	01:17:11	COURTS	ELLIE	331	VETERAN	CELTIC HARRIERS	
30	01:17:40	COUSINS	CLARE	884	VETERAN	ACSIS VOB R.C	
31	01:17:47	MAWMAN	MARK	592	SENIOR	VARSIY OLD BOYS R.C	
32	01:18:05	DORMAN	GARTH	3362	VETERAN	ATC	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
33	01:18:16	HAAS	WARREN	0	SENIOR	NONE	
34	01:18:20	DRIVER	ASHLEY	0	VETERAN	NONE	
35	01:18:25	COOPER	GUTHRIE	0	SENIOR	NONE	
36	01:18:29	ROBERTS	BOYD	0	SENIOR	WEST COAST A.C	
37	01:18:55	WILLIAMS	VIV	9299	VETERAN	ATC	
38	01:19:05	MARAIS	BIANCA	3299	SENIOR	ATC	
39	01:19:13	ADENDORFF	CLIVE	3897	MASTER	IN TOUCH A.C	
40	01:19:15	LARRATT	BRAD	464	VETERAN	WP CRICKET CLUB	
41	01:19:22	DE KLERK	PETRUS	0	SENIOR	NONE	
42	01:19:24			11025	SENIOR	ATLANTIC A.C	DISQUALIFIED
43	01:19:31	GEORGE	DOMINIK	10101	SENIOR	CENTURY CITY ATHLETICS CLUB	
44	01:19:46	ANDERSON	TANIA	32767	VETERAN	ACSIS VOB R.C	
45	01:19:57	DUBANIEWICZ	ANNA	11188	SENIOR	VARSITY OLD BOYS R.C	
46	01:20:19	MITCHELL	STEVE	0	MASTER	FISH HOEK A.C	
47	01:20:22	OOSTHUIZEN	LEONARD	851	VETERAN	STELLENBOSCH AC	
48	01:20:25	BLACKSHAW	JANET	6055	SENIOR	HARFIELD HARRIERS	
49	01:20:26	RABIE	ANGELIQUE	2183	VETERAN	PINELANDS A.C	
50	01:20:35	RODE	HAGEN	0	SENIOR	NONE	
51	01:20:41	RYNINKS	ALLAN	3100	MASTER	WILDRUNNER A.C	
52	01:20:43	ROYLE	MATTHEW	395	SENIOR	CELTIC HARRIERS	
53	01:21:01	PARRY	CHARLES	2122	MASTER	PINELANDS A.C	
54	01:21:08	BAX	ELIZABETH	2334	MASTER	PINELANDS A.C	
55	01:21:24	GROENEVELT	JASON	0	SENIOR	NONE	
56	01:21:37		NO RACE CARD				NO RACE CARD
57	01:21:40	DOMINGO	VERESA	10478	VETERAN	ACSIS/VOB	
58	01:21:44	STEEL	ANN	0	SENIOR	SATORI A.C	
59	01:21:50	LARTER	SARAH	0	SENIOR	NONE	
60	01:21:55	JENNINGS	KAREN	626	VETERAN	VARSITY OLD BOYS R.C	
61	01:22:31	KEY	BRIAN	5473	GREAT GRAND MASTER	FORESTERS R.C	
62	01:22:37	ROBINSON	DALE	0	SENIOR	NONE	
63	01:22:46	DO REGO	REINALDO	972	SENIOR	VARSITY OLD BOYS R.C	
64	01:22:54	HAYES	ADRIAN	5648	SENIOR	FISH HOEK A.C	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
65	01:22:56	DIX-PEEK	RYAN	0	SENIOR	NONE	
66	01:22:59	JENKINS	DAVID	5669	VETERAN	FISH HOEK A.C	
67	01:23:18	COETZER	MARIEKE	6254	SENIOR	NEW BALANCE MULTISPORT CLUB	
68	01:23:38	SMITH	MERVIN	5988	MASTER	MITCHELLS PLAIN TITANS	
69	01:24:02	HEARNE	CHRISTOPHER	8988	SENIOR	FISH HOEK A.C	
70	01:24:11	CUNNINGHAME	CAROL	0	SENIOR	NONE	
71	01:24:12	MELLOR	KEITH	0	MASTER	NONE	
72	01:24:12	GOODHEAD	RICHARD	7451	VETERAN	EDGEMEAD RUNNERS	
73	01:24:31	HARRIS	TIMOTHY	2037	SENIOR	PINELANDS A.C	
74	01:24:34		NO RACE CARD				NO RACE CARD
75	01:24:53	BURGER	RONEL	0	SENIOR	NONE	
76	01:24:56	STEPHENS	KIM	3184	SENIOR	WILDRUNNER A.C	
77	01:24:57	WALKER	QUINTON	7515	VETERAN	ATC RUNNING CLUB	
78	01:25:02	SINCLAIR	GEORGINA	649	MASTER	VARSITY OLD BOYS R.C	
79	01:25:08	FRYLINCK	DAVID	4303	SENIOR	ATLANTIC A.C	
80	01:25:10	COETZEE	WILLIE	1985	MASTER	WEST COAST A.C	
81	01:25:10	LOMBERG	MALCOLM	1920	VETERAN	WEST COAST A.C	
82	01:25:25	CRAWFORD	RORY	890	SENIOR	VARSITY OLD BOYS R.C	
83	01:25:28	SMITH	RICHARD	305	SENIOR	CELTIC HARRIERS	
84	01:25:32	POWER	MICHAEL	1067	VETERAN	VARSITY OLD BOYS R.C	
85	01:25:38	VAN SCHALKWYK	LOUIS	0	SENIOR	NONE	
86	01:25:49	SMIT	PAUL	9451	SENIOR	WP CRICKET CLUB	
87	01:25:53	KAJEE	MUJEEB	10300	SENIOR	ITHEKO SPORT A.C	
88	01:26:03	WENTZINGER	MEGAN	1977	SENIOR	WEST COAST A.C	
89	01:26:08	FRASER	JANE	8400	SENIOR	ATLANTIC A.C	
90	01:26:36	HOLMES	DONAVAN	0	SENIOR	NONE	
91	01:26:41	PIKE	MALCOLM	2158	MASTER	PINELANDS A.C	
92	01:26:49	NELL	KOBUS	0	VETERAN	NONE	
93	01:26:56	MCGARRICK	ROSS	0	SENIOR	NONE	
94	01:27:10	GROLL	NICK	8383	SENIOR	ATLANTIC A.C	
95	01:27:10	NORTJE	KYLE	0	SENIOR	NONE	
96	01:27:11	NORTJE	CHANTEL	0	SENIOR	NONE	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
97	01:27:11	VAN HOUWELINGEN	JANA	8389	SENIOR	ATLANTIC A.C	
98	01:27:15	COPE	DENNIS	0	GRAND MASTER	NONE	
99	01:27:22	MINOR	ANDREW	0	SENIOR	NONE	
100	01:27:23	GLEW	JAMES	0	VETERAN	NONE	
101	01:27:24	NORRIS	KIRSTEN	995	SENIOR	VARSITY OLD BOYS R.C	
102	01:27:47		NO RACE CARD				NO RACE CARD
103	01:27:48	FAKIER	MUBEEN	4603	SENIOR	ITHEKO SPORT A.C	
104	01:27:51	BURGER	JACO	0	VETERAN	NONE	
105	01:28:08	SHEPHERD	ANDREW	4304	SENIOR	ATLANTIC A.C	
106	01:28:27	PAXTON	LORRAN	0	SENIOR	NONE	
107	01:28:45	MATTHEWS	GRAHAM	0	SENIOR	NONE	
108	01:28:53	BOUWER	LINDIE	3028	SENIOR	NEDBANK RUNNING CLUB	
109	01:28:55	HUGHES	PETER WILLIAM	487	MASTER	WP CRICKET CLUB	
110	01:29:02	DURING	ALI	8570	JUNIOR	VARSITY OLD BOYS R.C	
111	01:29:17	DE VILLIERS	NICOLE	0	SENIOR	NONE	
112	01:29:17	DAMERELL	ROBERT	0	VETERAN	HARFIELD HARRIERS	
113	01:29:19	CARPENTER	EMMA	4343	SENIOR	ATLANTIC A.C	
114	01:29:27			6845	SENIOR	NEW BALANCE MULTISPORT CLUB	DISQUALIFIED
115	01:29:30	PAULSEN	DEON	646	VETERAN	VARSITY OLD BOYS R.C	
116	01:29:35	NEWFELD	ANTHONY	2115	VETERAN	PINELANDS A.C	
117	01:29:38	SMITH	DAVID	5602	GRAND MASTER	FISH HOEK A.C	
118	01:29:39	MITCHELL	BRIAN	5661	MASTER	FISH HOEK A.C	
119	01:29:39	HAMPSINK	JANNEKE	0	SENIOR	NONE	
120	01:29:41	ROCKSTROH	TOBY	0	SENIOR	NONE	
121	01:29:43	DAVIS	JAMES	0	SENIOR	FISH HOEK A.C	
122	01:29:46			0	SENIOR	VARSITY OLD BOYS R.C	DISQUALIFIED
123	01:29:47	ELOFF	MICHAEL	0	SENIOR	NONE	
124	01:29:52	VAN SCHALKWYK	NIKKI	5458	SENIOR	FORESTERS R.C	
125	01:29:54	ZEHETBAUER	PETER	0	MASTER	CELTIC HARRIERS	
126	01:29:56	TROJAN	PREM	849	VETERAN	VARSITY OLD BOYS R.C	
127	01:30:00	VOLLMER	KERRYIN	594	SENIOR	VARSITY OLD BOYS R.C	
128	01:30:00	FULLER	RAYMOND	858	MASTER	VARSITY OLD BOYS R.C	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
129	01:30:02	PASK	LORIEN	784	VETERAN	VARSITY OLD BOYS R.C	
130	01:30:46	GOUWS	FRANCOIS	1500	VETERAN	EDGEMEAD RUNNERS	
131	01:30:46	KOLBY	VERUSCHKE	6744	SENIOR	IN TOUCH A.C	
132	01:30:46	MAREGELE	SHAUN	7981	VETERAN	IN TOUCH A.C	
133	01:30:47	ORRIE	ASHRAF	5030	VETERAN	ITHEKO SPORT A.C	
134	01:30:51	HISHIN	GUY	5663	VETERAN	FISH HOEK A.C	
135	01:30:51	HARRIS	GARY	7060	VETERAN	METROPOLITAN A.C	
136	01:30:56	PARRING	MARLON	8359	SENIOR	ATLANTIC A.C	
137	01:31:01	MYBURGH	NELLIS	5078	SENIOR	DURBANVILLE A.C	
138	01:31:03	STEVENS	ADRIAN	0	GRAND MASTER	MY TRAINING DAY	
139	01:31:06	PRICE	ANGELA	0	SENIOR	NONE	
140	01:31:15	SCHNEHAGE	CHRISOPHER	2053	MASTER	PINELANDS A.C	
141	01:31:26	ALLIE	MOHAMMED	3447	SENIOR	TOP FORM A.C	
142	01:31:40	CLEOPHAS	JOHN	0	SENIOR	NONE	
143	01:31:42	SCHUBERT	ALEXANDER	3332	VETERAN	ATC RUNNING	
144	01:31:45	THORNE	MICHAEL	0	SENIOR	NONE	
145	01:31:56	MARTIN	SHARON	1145	SENIOR	VARSITY OLD BOYS R.C	
146	01:32:04			3122	SENIOR	WILDRUNNER A.C	DISQUALIFIED
147	01:32:08	STEEL	NICKY	0	SENIOR	HOUT BAY HARRIERS	
148	01:32:19	GERTSE	HUSAYN	4976	SENIOR	ITHEKO SPORT A.C	
149	01:32:29		NO RACE CARD				NO RACE CARD
150	01:32:37	BRINK	LOUIS	3141	VETERAN	WILDRUNNER A.C	
151	01:32:41	LLOYD	DEVIN	0	SENIOR	NONE	
152	01:32:47	COMBRINK	GERRIE	3007	SENIOR	NEDBANK RUNNING CLUB	
153	01:32:49	HAYWORTH	ASHLEIGH	0	SENIOR	NONE	
154	01:32:50	LYKIARDOPULOS	NICHOLAS	11439	SENIOR	CELTIC HARRIERS	
155	01:32:51	SNYMAN	ZEKE	5787	SENIOR	PICK N PAY ATHLETIC CLUB WC	
156	01:32:52	HUBER	KELLY	0	SENIOR	NONE	
157	01:32:54	JACOBS	TRAVISS	4270	VETERAN	SOUTHERN STRIDERS A.C	
158	01:32:55	JANSEN	WENDY	1453	VETERAN	EDGEMEAD RUNNERS	
159	01:32:57	RODE	CATHERINE	0	SENIOR	NONE	
160	01:33:02			7804	SENIOR	CENTURY CITY	DISQUALIFIED



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
161	01:33:10	JENNINGS	MICHAEL	5465	SENIOR	FORESTERS R.C	
162	01:33:17	JOHNSTON	NICOLA	0	SENIOR	NONE	
163	01:33:27	ROSS	DEVIN	0	SENIOR	NONE	
164	01:33:38	SEARLE	KEITH	4567	MASTER	FISH HOEK A.C	
165	01:33:50	REISSENZAHN	GEORGE	2070	VETERAN	PINELANDS A.C	
166	01:33:52		NO RACE CARD				NO RACE CARD
167	01:33:57	HOLMES	JOHN	6704	VETERAN	FISH HOEK A.C	
168	01:34:07	SMITH	SONIA	5977	MASTER	MITCHELLS PLAIN TITANS	
169	01:34:09	SLACK	ROY	0	MASTER	NONE	
170	01:34:10	HODGSON	SHANNON-LEIGH	1049	SENIOR	VARSITY OLD BOYS R.C	
171	01:34:11	WILSON	BYRON	1016	SENIOR	VARSITY OLD BOYS R.C	
172	01:34:15	ROWAN	DENIS	1011	VETERAN	VARSITY OLD BOYS R.C	
173	01:34:20	MOLLER	MARGARET	3954	MASTER	MATES	
174	01:34:21	KLEIN	GRAHAM	0	VETERAN	NONE	
175	01:34:26	READMAN	CHRIS	4224	GRAND MASTER	ATLANTIC A.C	
176	01:35:01	BRENT	BIANCA	7505	SENIOR	EDGEMEAD RUNNERS	
177	01:35:02	CASEY	LIZ	4441	VETERAN	ATLANTIC A.C	
178	01:35:06	FLORIS	DENNIS	173	VETERAN	CELTIC HARRIERS	
179	01:35:07	TIMMES	WENDY-JOY	4034	VETERAN	SOUTHERN STRIDERS A.C	
180	01:35:13	BOTHA	MORNE	0	SENIOR	NONE	
181	01:35:31	HAIG-SMITH	TIMOTHY	900	SENIOR	ACSIS VOB R.C	
182	01:35:34	GUSH	TIM	0	SENIOR	NONE	
183	01:35:35	CAMPHER	BERTUS	8335	VETERAN	ATLANTIC A.C	
184	01:35:36	KUILMAN	NICK	4244	SENIOR	ATLANTIC A.C	
185	01:35:37	KRUGER	NATASHA	1673	SENIOR	NEW BALANCE MULTISPORT CLUB	
186	01:35:38	HAMMON	SEAN	5366	VETERAN	HARFIELD HARRIERS	
187	01:35:38	IDAS	TANIA	7345	VETERAN	NEW BALANCE MULTISPORT CLUB	
188	01:35:39	ZIEHL	ROBIN	4339	VETERAN	ATLANTIC A.C	
189	01:35:39	BESTER	JUAN	8416	SENIOR	ATLANTIC A.C	
190	01:35:53	BACKEBERG	OLGA	0	SENIOR	NONE	
191	01:35:55	WAAGSAETHER	KATINKA	8360	SENIOR	ATLANTIC A.C	
192	01:36:03	BARBER	SIMON	0	SENIOR	NONE	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
193	01:36:12	LUCAS	GAVIN	0	SENIOR	NONE	
194	01:36:15	AUBIN	ANTHONY	0	VETERAN	NONE	
195	01:36:15			2944	VETERAN	SACS OLD BOYS RC	DISQUALIFIED
196	01:36:17	GALANT	FAHMY	9297	VETERAN	ATC	
197	01:36:20	STEYN	ANNETTE	0	SENIOR	NONE	
198	01:36:22	BANNISTER	LIZETTE	1603	VETERAN	EDGEMEAD RUNNERS	
199	01:36:22	BUNN	TRACY	6473	VETERAN	RUN\WALK FOR LIFE	
200	01:36:23	DE LANGE	CHARN	1602	VETERAN	EDGEMEAD RUNNERS	
201	01:36:29	BOWLES	JUSTINE	0	VETERAN	NONE	
202	01:36:29	ROHM	SHIRWA	2007	SENIOR	WEST COAST A.C	
203	01:36:33	MCCONNELL	SUSAN	652	MASTER	VARSITY OLD BOYS R.C	
204	01:36:40	SMIT	MARK	1965	VETERAN	WEST COAST A.C	
205	01:36:50	ADAMS	AMIEN	179	MASTER	CELTIC HARRIERS	
206	01:36:55	BESTER	MARC	1599	SENIOR	EDGEMEAD RUNNERS	
207	01:36:57	SHANNON	LYNNE	2029	VETERAN	PINELANDS A.C	
208	01:36:58	SPARG	PIXIE	46	GRAND MASTER	CELTIC HARRIERS	
209	01:36:58		NO RACE CARD	2204	VETERAN	PINELANDS A.C	NO RACE CARD
210	01:37:06	HOFMEYR	DAVID	2203	GRAND MASTER	PINELANDS A.C	
211	01:37:17	JAHNIG	RICHARD	881	VETERAN	VARSITY OLD BOYS R.C	
212	01:37:18	MATHERS	JEREMY	0	GREAT GRAND MASTER	FISH HOEK A.C	
213	01:37:22	RYKLIEF	GESANT	5383	MASTER	OMMIEDRAAI	
214	01:37:23	WELSH	JEAN	6047	VETERAN	HARFIELD HARRIERS	
215	01:37:27	WELSH	SIMON	6048	VETERAN	HARFIELD HARRIERS	
216	01:37:39	NEWBERT	JOE	0	SENIOR	NONE	
217	01:37:44	HOUGH	GRAHAM	1956	MASTER	WEST COAST A.C	
218	01:37:44	VERSTER	RYNO	0	SENIOR	NONE	
219	01:37:57	SINCLAIR	GREG	0	SENIOR	NONE	
220	01:38:00	ROBERTS	JACQUI	0	SENIOR	WEST COAST A.C	
221	01:38:00	ROELOFSE	PIETER	245	VETERAN	CELTIC HARRIERS	
222	01:38:01	VAN ROOTSELAAR	JEROEN	0	SENIOR	NONE	
223	01:38:06	MOORE	ALTA	3906	MASTER	IN TOUCH A.C	
224	01:38:10	AUGUST	PETER-JOHN	642	VETERAN	VARSITY OLD BOYS R.C	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
225	01:38:16	WARLEY	MAAJID	1300	GRAND MASTER	SPARTAN HARRIERS	
226	01:38:17	BUTLER	KATE	0	SENIOR	NONE	
227	01:38:31	WILDE	STUART	0	VETERAN	NONE	
228	01:38:34	MITCHELL	GREG	0	MASTER	NONE	
229	01:38:40	SMIT	MARQUIRETHA	4204	SENIOR	ATLANTIC A.C	
230	01:38:42	SARA	GREG	262	SENIOR	CELTIC HARRIERS	
231	01:38:45	OGIER	DAVID	0	SENIOR	NONE	
232	01:38:54	ALISON	CATHY	6494	VETERAN	CLUB MSM	
233	01:39:07	VAN ECK	COLLETTE	5991	GRAND MASTER	FISH HOEK A.C	
234	01:39:07	BAX	LUKE	2335	SENIOR	PINELANDS A.C	
235	01:39:08	NEWLANDS	CHLOE	0	SENIOR	NONE	
236	01:39:09	FRENCH	CRAIG	0	VETERAN	NONE	
237	01:39:09	SWARTZ	CRAIG	844	SENIOR	VARSITY OLD BOYS R.C	
238	01:39:10	SWARTZ	SIMON	1419	SENIOR	EDGEMEAD RUNNERS	
239	01:39:22	DE LANGE	THEUNS	2233	VETERAN	MATIES	
240	01:39:22	GOLIATH	MEGAN	2601	SENIOR	BRACKENFELL A.C	
241	01:39:23	HENDRICKS	CLINT	3637	SENIOR	EASTERNS ATHLETIC CLUB	
242	01:39:49	SWAN	GREG	6698	VETERAN	RCS GUGULETHU A.C	
243	01:39:53	HUDSON-PEACOCK	LISA	0	VETERAN	NONE	
244	01:39:56	TULLOCH	MELISSA	1037	SENIOR	VARSITY OLD BOYS R.C	
245	01:39:57	NUPEN	JULIA	4168	SENIOR	ATLANTIC A.C	
246	01:39:57	HAMMERSCHMIDT	KARL	0	SENIOR	NONE	
247	01:39:59	OLIVIER	BRUMMER	9727	VETERAN	GROOT CONSTANTIA	
248	01:40:01	MATZKE	ROLAND	1514	MASTER	EDGEMEAD RUNNERS	
249	01:40:05	STEVENSON	GARRON	0	VETERAN	NONE	
250	01:40:11	VELDHUIZEN	PJ	3135	VETERAN	WILDRUNNNER A.C	
251	01:40:13	WIID	IZABELLE	6900	VETERAN	NEW BALANCE MULTISPORT CLUB	
252	01:40:23	MOLLER	FRANCOIS	0	VETERAN	NONE	
253	01:40:27	KRUGER	CHARMIANE	2080	VETERAN	PINELANDS A.C	
254	01:40:39	HOSKING	LYNNE	0	SENIOR	NONE	
255	01:40:43	GUY	BRENDAN	8820	VETERAN	SPARTAN HARRIERS	
256	01:40:47	STEVENSON	BRENDA	2095	MASTER	PINELANDS A.C	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
257	01:40:51	BADENHORST	CORNELL	6358	SENIOR	EASTERNS KRAAIFONTEIN	
258	01:40:55	THERON	EVERT	0	SENIOR	NONE	
259	01:41:00	MILNE	ALEX	0	JUNIOR	NONE	
260	01:41:01	REARDON	DEREK	586	MASTER	VARSITY OLD BOYS R.C	
261	01:41:01	MAIN	ALISON	1371	SENIOR	SPARTAN HARRIERS	
262	01:41:06	THOMPSON	MICHELE	0	VETERAN	NONE	
263	01:41:07	FRIESLICH	NEVILLE	0	GRAND MASTER	NONE	
264	01:41:07	GILMOUR	TRISH	655	MASTER	VARSITY OLD BOYS R.C	
265	01:41:10	STEEL	WALLY	6120	GRAND MASTER	HOUT BAY HARRIERS	
266	01:41:12	REISSENZAHN	INGE	2071	VETERAN	PINELANDS A.C	
267	01:41:12	LUDWIG	RUSSELL	0	SENIOR	HARFIELD HARRIERS	
268	01:41:13	SOLOMON	MARK	6049	VETERAN	HARFIELD HARRIERS	
269	01:41:26	DAVIDS	NIGEL	9577	MASTER	SOUTHERN STRIDERS A.C	
270	01:41:28	BARTOSCH	JOCELYN	0	SENIOR	NONE	
271	01:41:28	VERMEULEN	KAREN	4279	SENIOR	ATLANTIC A.C	
272	01:41:29	PETTENBURGER	BREDA	7142	VETERAN	WEST COAST A.C	
273	01:41:30	MEYER	IVONNE	0	SENIOR	NONE	
274	01:41:37	SWART	CARL	0	SENIOR	NONE	
275	01:41:37	NELL	MARIé	0	VETERAN	NONE	
276	01:41:48	CAFFERY	OLIVIA	0	SENIOR	NONE	
277	01:41:53	LOWRIE	KERRI	0	SENIOR	NONE	
278	01:41:53	TUCKER	LINDA	0	VETERAN	FISH HOEK A.C	
279	01:41:57	KOEN	AMANDA	0	MASTER	NONE	
280	01:41:57	KLEINSMIDT	ISMAIL	5579	SENIOR	OMMIDRAAI AND FRIENDS	
281	01:42:06	AREND	THABIT	9778	VETERAN	OMMIDRAAI AND FRIENDS	
282	01:42:09	HOWELL	MIGUEL	0	SENIOR	NONE	
283	01:42:09	ABDUROAF	MUHAMMAD	4682	SENIOR	ITHEKO SPORT A.C	
284	01:42:12	BADENHORST	NAOMI	819	MASTER	VARSITY OLD BOYS R.C	
285	01:42:15	HARTNER	CHRISTINA	4300	SENIOR	ATLANTIC A.C	
286	01:42:18	VAN DER MERWE	ALEXIS	0	SENIOR	NONE	
287	01:42:22	DAVIS	RENE	511	SENIOR	VARSITY OLD BOYS R.C	
288	01:42:39		NO RACE CARD				NO RACE CARD



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
289	01:42:40	KOORTS	MORNE	0	SENIOR	NONE	
290	01:42:52	FERGUSON	MICHELLE	0	SENIOR	NONE	
291	01:42:59	BANHAM	CHRISTOPHER	5647	MASTER	FISH HOEK A.C	
292	01:43:00	FINLAY	PATRICIA	0	VETERAN	NONE	
293	01:43:00	MCKEITH	MERVIN	0	VETERAN	NONE	
294	01:43:01	SCHOLTZ	HAYLEY	0	SENIOR	NONE	
295	01:43:02	PAYNE	STEWART	0	SENIOR	NONE	
296	01:43:10	GREEN	ROBERT	0	VETERAN	EDGEMEAD RUNNERS	
297	01:43:11	HUTCHISON	DESIREE	10037	VETERAN	VARSITY OLD BOYS R.C	
298	01:43:11	SWIEL	WENDY	10036	VETERAN	VARSITY OLD BOYS R.C	
299	01:43:11	ASSINK	WILLEMIJN	0	SENIOR	NONE	
300	01:43:15	STEYN	MARITA	0	MASTER	NONE	
301	01:43:15	PIENAAR	KIRSTEN	0	SENIOR	NONE	
302	01:43:21	STAPLETON-COTTON	SIMON	0	MASTER	NONE	
303	01:43:22	EACHUS	ANDREW	0	VETERAN	NONE	
304	01:43:36	AEBISCHER	ROLF	206	MASTER	CELTIC HARRIERS	
305	01:43:36	LE ROUX	JULIA	1725	SENIOR	NEW BALANCE MULTISPORT CLUB	
306	01:43:37	LE ROUX	PIERRE PAISLEY	1726	MASTER	NEW BALANCE MULTISPORT CLUB	
307	01:43:40	HARRIS	SEAN	2064	VETERAN	PINELANDS A.C	
308	01:43:40	HILL	NICOLA	3152	SENIOR	WILDRUNNER A.C	
309	01:43:42	WILLIAMS	REDEWAAN	4642	VETERAN	ITHEKO SPORT A.C	
310	01:43:49	HITCHCOCK	YVONNE	6727	SENIOR	FISH HOEK A.C	
311	01:43:52	JENSEN	SLAVENA	1975	SENIOR	WEST COAST A.C	
312	01:43:53	HENDRICKS	WESLEY	0	SENIOR	NONE	
313	01:43:55	HAYWORTH	CLAIRE	0	SENIOR	NONE	
314	01:43:57	BECKETT	JANA	505	MASTER	VARSITY OLD BOYS R.C	
315	01:44:00	VAN DER MERWE	LAUREN	10387	SENIOR	RUN\WALK FOR LIFE	
316	01:44:04	ADAMS	NICOLE	1218	SENIOR	SPARTAN HARRIERS	
317	01:44:10	PREVOST	JOHN	0	VETERAN	NONE	
318	01:44:11	PREVOST	TAMLYN	0	SENIOR	NONE	
319	01:44:15	PARK	LEE	373	VETERAN	CELTIC HARRIERS	
320	01:44:15	LEE	MERVYN	1444	MASTER	EDGEMEAD RUNNERS	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
321	01:44:25	WILDS	NADIA	217	GRAND MASTER	CELTIC HARRIERS	
322	01:44:30	SHAPIRO	JEFFREY	609	SENIOR	VARSITY OLD BOYS R.C	
323	01:44:43	JOUBERT	SAREL	0	VETERAN	NONE	
324	01:44:44	VAN DER WESTHUIZEN	JASPER	0	VETERAN	NONE	
325	01:44:45	SCHEEPERS	ROSETTE	8151	VETERAN	MITCHELLS PLAIN TITANS	
326	01:44:46	MILLS	KATE	1093	SENIOR	VARSITY OLD BOYS R.C	
327	01:44:46	NEL	CARLI	0	SENIOR	NONE	
328	01:44:46	MILLS	PHILIP	1092	MASTER	VARSITY OLD BOYS R.C	
329	01:44:46	NEL	MICHELLE	6041	SENIOR	ATLANTIC A.C	
330	01:44:47	WILD	JONATHAN	1188	MASTER	SPARTAN HARRIERS	
331	01:44:49	NOLAN	FERLISE	5593	VETERAN	FISH HOEK A.C	
332	01:44:49	SHERRY	IZABEL	5594	SENIOR	FISH HOEK A.C	
333	01:44:59	GROENEWALD	MARISKA	0	SENIOR	ATLANTIC A.C	
334	01:45:02		NO RACE CARD				NO RACE CARD
335	01:45:12	VAN DER MERWE	LIZE	0	VETERAN	NONE	
336	01:45:12	HORTON	STEVEN	0	SENIOR	NONE	
337	01:45:13	RICHARDSON	RUARI	0	SENIOR	NONE	
338	01:45:15	PAYNE	MARTYN	770	MASTER	VARSITY OLD BOYS R.C	
339	01:45:18	MOSAVEL	ABUGYER	4854	VETERAN	ITHEKO SPORT A.C	
340	01:45:31	SCHROEDER	HENRY	4449	VETERAN	ATLANTIC A.C	
341	01:45:37	SHARWOOD	NEVILLE	0	MASTER	NONE	
342	01:45:38	MAITLAND	STEVE	0	MASTER	NONE	
343	01:45:50	SWANSON	PATRICK	2044	MASTER	PINELANDS A.C	
344	01:45:53	HOUGHT	LIANA	6738	SENIOR	IN TOUCH A.C	
345	01:45:55	NGCELWANE	SONWABO	3747	VETERAN	RCS GUGULETHU A.C	
346	01:45:56	HARRIS	RAY	2038	MASTER	PINELANDS A.C	
347	01:45:59	DAVIS	GRANT	3139	SENIOR	WILDRUNNNER A.C	
348	01:46:11	MORIARTY	GAIL	9446	VETERAN	WEST COAST A.C	
349	01:46:12	GROBLER	PAULA-JO	2005	VETERAN	WEST COAST A.C	
350	01:46:17	COMBRINK	IDEL	3008	SENIOR	NEDBANK RUNNING CLUB	
351	01:46:57	BISHOP	GORDON	3328	SENIOR	ATLANTIC TRIATHLON CLUB	
352	01:47:02	BETTS	STEPHANIE	0	SENIOR	NONE	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
353	01:47:03	SWANEPOEL	MARTIE	6625	VETERAN	NEW BALANCE MULTISPORT CLUB	
354	01:47:06	LOUW	NIC	0	GRAND MASTER	VARSITY OLD BOYS R.C	
355	01:47:08	GOULSON	PAUL	6709	VETERAN	FISH HOEK A.C	
356	01:47:12	MAARTENS	CHARLENE	2844	VETERAN	TYGERBERG NLC A.C	
357	01:47:13	ABDULLAH	PERWEZ	3190	SENIOR	WILDRUNNER A.C	
358	01:47:15	HODGSON	ARTHUR	2077	VETERAN	PINELANDS A.C	
359	01:47:15	ORRIE	ROLDAH	5031	VETERAN	ITHEKO SPORT A.C	
360	01:47:16	GERTSE	MOGAMAT	4546	VETERAN	ITHEKO SPORT A.C	
361	01:47:22	CUNNINGHAM	JANE	6434	VETERAN	RUN\WALK FOR LIFE	
362	01:47:22	BAILEY	CANDICE	6440	SENIOR	RUN\WALK FOR LIFE	
363	01:47:29	VOIGT	LYNETTE	6656	MASTER	CELTIC HARRIERS	
364	01:47:29	BOTHA	GRAHAM	6122	MASTER	HOUT BAY HARRIERS	
365	01:47:33	MATTHEWS	LESLEY	1853	MASTER	RUN\WALK FOR LIFE	
366	01:47:34	THERON	WILL	0	SENIOR	NONE	
367	01:47:36	BACKEBERG	BJORN	0	SENIOR	NONE	
368	01:47:45	SCHOLTZ	GRAHAM	0	SENIOR	NONE	
369	01:47:47	MACCANNEL	ADELE	785	SENIOR	VARSITY OLD BOYS R.C	
370	01:47:53	BREDENKAMP	CAILEY	0	MASTER	PAARL A.C	
371	01:47:54	MACKRILL	BRONWEN	1830	MASTER	HELDERBERG HARRIERS	
372	01:47:59	FOURIE	MARYKE	7236	SENIOR	MELKBOS ATHLETIC CLUB	
373	01:48:06	STAVENGA	ELISABETH	1942	SENIOR	WEST COAST A.C	
374	01:48:09	HODKIN	JACK	6082	MASTER	HOUT BAY HARRIERS	
375	01:48:10	RICH	GAVIN	0	VETERAN	WEST COAST A.C	
376	01:48:13	GREEN	KEVEN	0	VETERAN	EDGEMEAD RUNNERS	
377	01:48:21	JOUBERT	SUSAN	7013	VETERAN	METROPOLITAN A.C	
378	01:48:30	CONNELLY	BOB	7358	VETERAN	LLANDUDNO A.C	
379	01:48:30	SIMPSON	TREVOR	7422	VETERAN	GROOT CONSTANTIA	
380	01:48:32	ROBINSON	MICHAEL NEIL	0	VETERAN	NONE	
381	01:48:37	BECKERLING	CARL	0	SENIOR	NONE	
382	01:48:40	SAMUELS	BRIAN	2198	MASTER	PINELANDS A.C	
383	01:48:47	NEVIN	LORRAINE	522	MASTER	VARSITY OLD BOYS R.C	
384	01:48:56	BRUNGS	VIOLA	4165	VETERAN	ATLANTIC A.C	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
385	01:48:57	SMITH	DAVID	1693	VETERAN	NEW BALANCE MULTISPORT CLUB	
386	01:48:57	HOFFMAN	DIETER	0	SENIOR	NONE	
387	01:49:01	ELLIOTT	MICKY	6493	MASTER	MULTI SPORTS MANIACS (CLUB MSM)	
388	01:49:08	DOMINGO	EBRAHIM	416	SENIOR	CELTIC HARRIERS	
389	01:49:18	GREEN	THERESA	0	VETERAN	EDGEMEAD RUNNERS	
390	01:49:19	PARSRAMAN	THERESA	0	VETERAN	FISH HOEK A.C	
391	01:49:20	JENKINS	LARRY	0	GREAT GRAND MASTER	VARSIY OLD BOYS R.C	
392	01:49:26	BRITON	ANTHONY	0	VETERAN	NONE	
393	01:49:26	BOSMAN	LAUREN	0	SENIOR	NONE	
394	01:49:31	VASS	MATTHEW	0	SENIOR	NONE	
395	01:49:38	PIENAAR	PETRO	7255	VETERAN	MELKBOSSTRAND	
396	01:49:45	WEBB	MARCEL	0	SENIOR	NONE	
397	01:49:48	HARRINGTON	CLAIRE	3118	SENIOR	WILDRUNNER A.C	
398	01:49:51	ANDERSEN	KEN	792	MASTER	VARSIY OLD BOYS R.C	
399	01:49:52	DEAN	BRENDAN	772	VETERAN	ACSIS VOB R.C	
400	01:49:54	LACEY	VICTORIA	789	SENIOR	VARSIY OLD BOYS R.C	
401	01:49:59	ALLSOPP	DELIA-ANN	0	MASTER	NONE	
402	01:49:59	NAUMANN	SUE	0	SENIOR	NONE	
403	01:50:00	NAUMANN	ECKART	0	SENIOR	NONE	
404	01:50:02	STREZ	HELA	3111	MASTER	WILDRUNNER A.C	
405	01:50:06	WEBB	LENKA	0	SENIOR	NONE	
406	01:50:10	PIENAAR	LEE-ANNE	5041	SENIOR	DURBANVILLE A.C	
407	01:50:14	THOMAS	LYNN	1968	GRAND MASTER	WEST COAST A.C	
408	01:50:32	REID	ROCHELLE	0	SENIOR	NONE	
409	01:50:32			4080	SENIOR	UCT A.C	DISQUALIFIED
410	01:50:34	HOUGH	TRUDY	1960	MASTER	WEST COAST A.C	
411	01:50:37	COETZEE	ADEL	1986	MASTER	WEST COAST A.C	
412	01:50:37		NO RACE CARD				NO RACE CARD
413	01:50:45	BLOMERUS	LISA	0	SENIOR	NONE	
414	01:50:48	NEL	VENITA	2843	VETERAN	TYGERBERG NLC A.C	
415	01:50:53	SANDI	FUNDISWA	6776	SENIOR	RAVENSMEAD A.C	
416	01:50:56	CALE	CARRON	0	VETERAN	NONE	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
417	01:51:03	ADAMS	BRENT	434	SENIOR	CELTIC HARRIERS	
418	01:51:13	BURGER	NIEL	3186	VETERAN	WILDRUNNER A.C	
419	01:51:13		NO RACE CARD				NO RACE CARD
420	01:51:15	MCKEITH	JILL	856	VETERAN	VARSITY OLD BOYS R.C	
421	01:51:16	O'DONOVAN	NEDA	549	VETERAN	VARSITY OLD BOYS R.C	
422	01:51:30	TUFF	KERITH	1032	SENIOR	VARSITY OLD BOYS R.C	
423	01:51:31	BALES	NEIL	2167	SENIOR	VARSITY OLD BOYS R.C	
424	01:51:43	HAMERS	KATELIJNE	0	SENIOR	NONE	
425	01:51:44	GELDENHUYS	GERRIT	5264	VETERAN	SANLAM A.C	
426	01:51:50	MERTON	JEROME	2175	SENIOR	PINELANDS A.C	
427	01:51:50	KOLBY	MARIO	6745	SENIOR	IN TOUCH A.C	
428	01:51:51	GREYLING	LOREN	0	MASTER	NONE	
429	01:52:02	LARRATT	SARAH	466	SENIOR	WP CRICKET CLUB	
430	01:52:06	VAN HEERDEN	HANS	940	MASTER	VARSITY OLD BOYS R.C	
431	01:52:08	STONE	MALCOLM	0	VETERAN	NONE	
432	01:52:13	STONE	SHELLEY	0	SENIOR	NONE	
433	01:52:14	BARNES	LEE-ANN	6987	SENIOR	METROPOLITAN A.C	
434	01:52:17	VAN DER VLIET	ROBERT	0	SENIOR	NONE	
435	01:52:22	ESAU	ROGER	7470	SENIOR	NEDBANK RUNNING CLUB	
436	01:52:46	DANIELS	NIGEL	401	SENIOR	CELTIC HARRIERS	
437	01:52:46	ISMAIL	SHAHMIE	3460	VETERAN	TOP FORM A.C	
438	01:52:48	JACOBS	BERNISE	1172	MASTER	SPARTAN HARRIERS	
439	01:52:50	DAVIDSE	JUDITH	2154	SENIOR	PINELANDS A.C	
440	01:52:51	SMITH	ALISON	2055	SENIOR	PINELANDS A.C	
441	01:52:54	DUMINY	DAVID	0	VETERAN	NONE	
442	01:52:57	BECKERLING	STEPHEN	6522	MASTER	CHILTERN ATHLETIC CLUB	
443	01:52:59	WHITE	LISA	0	VETERAN	NONE	
444	01:53:02	BRUINTJIES	GRANT	1026	SENIOR	VARSITY OLD BOYS R.C	
445	01:53:09		NO RACE CARD				NO RACE CARD
446	01:53:10	LAMBRECHTS	LEIGH	7947	SENIOR	CLIFFE DEKKER HOFMEYR ATHLETICS CLUB	
447	01:53:16	WESTRAADT	HENNIE	1703	GREAT GRAND MASTER	NEW BALANCE MULTISPORT CLUB	
448	01:53:17	PETERSEN	NASSER	5468	MASTER	ITHEKO SPORT A.C	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
449	01:53:18	STEEL	CHIPPY	6121	GRAND MASTER	HOUT BAY HARRIERS	
450	01:53:30	NORTON	NATASHA	0	SENIOR	NONE	
451	01:53:34	STEYN	CHRISTIAAN	2885	SENIOR	TYGERBERG NLC A.C	
452	01:53:39	BARR	PAMELA	0	SENIOR	NONE	
453	01:53:50	TEW	CHARMAINE	8371	SENIOR	ATLANTIC A.C	
454	01:53:53	DHANSAY	FAYAADH	3166	SENIOR	WILDRUNNNER A.C	
455	01:53:54	BEARD	SONIA	5472	GRAND MASTER	FORESTERS R.C	
456	01:53:59	KAMISH	INSAF	4868	SENIOR	ITHEKO SPORT A.C	
457	01:54:00	ABED	GESANT	4884	SENIOR	ITHEKO SPORT A.C	
458	01:54:02	ADAMS	FALDHI	4972	SENIOR	ITHEKO SPORT A.C	
459	01:54:04	MOWLANA	ABU	4865	VETERAN	ITHEKO SPORT A.C	
460	01:54:06	SMYTH	BEVERLEY	0	VETERAN	NONE	
461	01:54:09	HOOSAIN	WEDAAD	4888	SENIOR	ITHEKO SPORT A.C	
462	01:54:16	CARIEM	NIZAAMUDIN	0	SENIOR	NONE	
463	01:54:23	IDAS	CLIVE	7355	MASTER	NEW BALANCE MULTISPORT CLUB	
464	01:54:42			1052	SENIOR	VARSITY OLD BOYS R.C	DISQUALIFIED
465	01:54:24		NO RACE CARD				NO RACE CARD
466	01:54:26	MATHEW	THOMAS	4094	SENIOR	UCT A.C	
467	01:54:31	ABRAHAMS	YAZEED	5005	SENIOR	ITHEKO SPORT A.C	
468	01:54:32	WILLIAMS	CATHERINE	0	VETERAN	NONE	
469	01:54:36	WILSON	PAULA	0	VETERAN	NONE	
470	01:54:37	THOMAS	SHELLEY	1967	VETERAN	WEST COAST A.C	
471	01:54:37	STEVENS	TARRYN	0	SENIOR	NONE	
472	01:54:51	SILBERBAUER	JENNY	528	SENIOR	VARSITY OLD BOYS R.C	
473	01:54:54	SANDS	CAROLINE	6162	MASTER	HOUT BAY HARRIERS	
474	01:54:57	HODKIN	JANET	6083	MASTER	HOUT BAY HARRIERS	
475	01:54:57	HALL	NICOLE	0	SENIOR	NONE	
476	01:55:03	SABAN	YUSUF	0	SENIOR	NONE	
477	01:55:05	PENNY	BERYL	5495	VETERAN	FORESTERS R.C	
478	01:55:06	RENNIE	SANDRA	0	SENIOR	NONE	
479	01:55:29	RITCHIE	CRYSTAL	0	VETERAN	NONE	
480	01:55:30	MAISTRY	NADIA	4579	SENIOR	ITHEKO SPORT A.C	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
481	01:55:33	TOICH	ROSA	0	SENIOR	NONE	
482	01:55:35	DIENER	MICHELE	715	MASTER	VARSITY OLD BOYS R.C	
483	01:55:40	FRANS	MARK	891	VETERAN	VARSITY OLD BOYS R.C	
484	01:55:45	BALLARD	HARRY	0	MASTER	NONE	
485	01:55:55	SCHUBERT	SUSANNE	3331	VETERAN	ATC RUNNING	
486	01:55:57	BERRY	MIA	4402	SENIOR	ATLANTIC A.C	
487	01:56:02	FORGAN	NICOLA	0	SENIOR	FISH HOEK A.C	
488	01:56:07	WINTER	LIESL	2181	SENIOR	PINELANDS A.C	
489	01:56:08	HARRIS	LEE-ANN	2067	VETERAN	PINELANDS A.C	
490	01:56:30	BODDY	LINDSAY	3103	MASTER	WILDRUNNER A.C	
491	01:56:41	SPIRO	JANNA	21688	SENIOR	NONE	
492	01:57:02	HISHIN	CATHERINE	5598	VETERAN	FISH HOEK A.C	
493	01:57:03		NO RACE CARD				NO RACE CARD
494	01:57:09	ROBSON	YVONNE	8981	MASTER	FISH HOEK A.C	
495	01:57:10	RAHIM	MUSHTAQ	3393	VETERAN	TOP FORM A.C	
496	01:57:21	LAMB	KIM	1619	VETERAN	EDGEMEAD RUNNERS	
497	01:57:22	WHITTAKER	INGRID	7438	VETERAN	EDGEMEAD RUNNERS	
498	01:57:24	MANNE	GRAEME	349	SENIOR	CELTIC HARRIERS	
499	01:57:25	LENFORD	EUGENE	424	SENIOR	CELTIC HARRIERS	
500	01:57:27	BUCHANAN	MANDY	1937	SENIOR	WEST COAST A.C	
501	01:57:31	FRIZLAR	FAHIEM	0	SENIOR	NONE	
502	01:57:33	SAMUELS	NOLEEN	907	SENIOR	VARSITY OLD BOYS R.C	
503	01:57:42			0	SENIOR	CENTURY CITY ATHLETIC CLUB	DISQUALIFIED
504	01:57:46	MORT	RANDOLPH	771	GRAND MASTER	VARSITY OLD BOYS R.C	
505	01:57:53	GRAHAM	PATRICK	0	SENIOR	NONE	
506	01:57:56	SAAIMAN	WENDY	0	VETERAN	NONE	
507	01:57:57	GRAHAM	KIRSTEN	0	VETERAN	NONE	
508	01:58:04	MERCUUR	SELWYN	611	VETERAN	VARSITY OLD BOYS R.C	
509	01:58:09	BOSMAN	DANITIA	8967	VETERAN	FISH HOEK A.C	
510	01:58:20	LEONG	PAUL	602	VETERAN	VARSITY OLD BOYS R.C	
511	01:58:20	HORN-BOTHA	DEBORAH	616	VETERAN	VARSITY OLD BOYS R.C	
512	01:58:40	SMITH	WENDAL	2168	VETERAN	PINELANDS A.C	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
513	01:58:42	SCOTT	CHARLOTTE	7221	SENIOR	WEST COAST A.C	
514	01:58:43	STEENKAMP	ISABEL	1957	VETERAN	WEST COAST A.C	
515	01:58:43	KASFIKIS	NICOLAS	5659	MASTER	FISH HOEK A.C	
516	01:58:45	ANNELIE	SMIT	0	VETERAN	NONE	
517	01:58:51	AURET	DEVERRA	4357	SENIOR	ATLANTIC A.C	
518	01:58:56	CIMRING	TAMI	4267	SENIOR	ATLANTIC A.C	
519	01:59:02	JARDINE	GALIEL	4947	VETERAN	ITHEKO SPORT A.C	
520	01:59:03	WISEMAN	LOUISE	0	VETERAN	VARSITY OLD BOYS R.C	
521	01:59:04	TROMPETER	TRISH	0	SENIOR	NONE	
522	01:59:04	JACOBS	FARANAAZ	8665	SENIOR	ITHEKO SPORT A.C	
523	01:59:19	KEEBLE-MERCUUR	PORTIA	610	VETERAN	VARSITY OLD BOYS R.C	
524	01:59:37	ZIKOLO	VUYISEKA	0	SENIOR	CENTURY CITY ATHLETIC CLUB	
525	01:59:48	BECKERLING	DUNCAN	0	SENIOR	NONE	
526	01:59:50	CLARK	VANESSA	0	SENIOR	NONE	
527	01:59:57	MAHARAJ	SUBHAS	1927	GRAND MASTER	WEST COAST A.C	
528	01:59:59	JENNINGS	TERESA	0	SENIOR	NONE	
529	02:00:12	LUBBE	JO	6107	SENIOR	HOUT BAY HARRIERS	
530	02:00:18	BUSCH	SASKIA	0	VETERAN	NONE	
531	02:00:19	LONG	CARMEN	0	VETERAN	NONE	
532	02:00:20	WALLER	DELENE	2061	MASTER	PINELANDS A.C	
533	02:00:21	WALLER	LAUREN	0	SENIOR	NONE	
534	02:00:24	SZOT-MYBURG	NATALIE	1319	MASTER	SPARTAN HARRIERS	
535	02:00:30	MOSAVEL	GADIJA	4853	VETERAN	ITHEKO SPORT A.C	
536	02:00:31	EBRAHIM	MOEGSIEN	1664	MASTER	NEW BALANCE MULTISPORT CLUB	
537	02:00:36	MILLS	GLENDA	1091	GRAND MASTER	VARSITY OLD BOYS R.C	
538	02:00:45	MITCHELL	MELISSA	0	SENIOR	NONE	
539	02:00:46		NO RACE CARD				NO RACE CARD
540	02:00:59	OPPEL	SILLENE	2833	MASTER	TYGERBERG NLC A.C	
541	02:00:54	PATIENCE	ESTHER	3310	VETERAN	ATLANTIC TRIATHLON CLUB	
542	02:00:57	JACOBS	JENNIFER	1427	MASTER	EDGEMEAD RUNNERS	
543	02:00:58	VAN WYK	NATASHA	9139	VETERAN	NEW BALANCE MULTISPORT CLUB	
544	02:01:01	BOSHOFF	OLIZA	0	SENIOR	NONE	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
545	02:01:23	ARENDSE	RINALDA	1214	MASTER	SPARTAN HARRIERS	
546	02:01:10	BRINK	SAMANTHA	3142	SENIOR	WILDRUNNER A.C	
547	02:01:36	TEARE	BRYAN	6431	SENIOR	CENTURY CITY ATHLETIC CLUB	
548	02:01:43	LUCAS	STEPHEN	6577	SENIOR	CELTIC HARRIERS	
549	02:01:45	MOIR	BRENT	0	SENIOR	NONE	
550	02:01:46	HENDERSON	JAMES	0	SENIOR	NONE	
551	02:01:50	COLLINS	ALEXANDRA	0	SENIOR	FISH HOEK A.C	
552	02:01:59	SCHATKE	JENS	4301	SENIOR	ATLANTIC A.C	
553	02:02:08	KANNEMEYER	EMLYN	3711	SENIOR	VODACOM STRIDERS	
554	02:02:17	THOMPSON	MICHELLE	0	MASTER	NONE	
555	02:02:26		NO RACE CARD				NO RACE CARD
556	02:02:48	WILLIAMS	GAVIN	0	VETERAN	METROPOLITAN A.C	
557	02:02:48	MOWLANA	SHAFIEKA	4866	VETERAN	ITHEKO SPORT A.C	
558	02:02:49	JONES	MELANIE	0	SENIOR	NONE	
559	02:02:59	MOHAMED	ISMAIL	4794	SENIOR	ITHEKO SPORT A.C	
560	02:02:59	MOHEDEEN	NAZLIE	4880	MASTER	ITHEKO SPORT A.C	
561	02:02:59	BASSADIEN	TOGIEDA	4667	MASTER	ITHEKO SPORT A.C	
562	02:02:59	MOHAMED	NEEZAAM	4747	SENIOR	ITHEKO SPORT A.C	
563	02:02:59	KENNY	FADEELAH	4950	SENIOR	ITHEKO SPORT A.C	
564	02:02:59	THEUNISSEN	MAGEDIE	3456	MASTER	TOP FORM A.C	
565	02:02:59	GALANT	ASLAM	4864	MASTER	ITHEKO SPORT A.C	
566	02:02:59	SALIE	TASNEEM	4722	SENIOR	ITHEKO SPORT A.C	
567	02:02:59	BASSIER	SULAIMAN	4639	MASTER	ITHEKO SPORT A.C	
568	02:02:59	ABRAHAMS	EBRAHIM	4856	VETERAN	ITHEKO SPORT A.C	
569	02:02:59	JAKOET	SULAIMAN	4723	SENIOR	ITHEKO SPORT A.C	
570	02:03:10	VOIGTS	ALICE-CAROLINE	0	VETERAN	NONE	
571	02:03:12	MEIER	MELANIE	0	VETERAN	HARFIELD HARRIERS	
572	02:03:23	ALLEN	SANDRA	0	MASTER	NONE	
573	02:03:26	HOTZ	LYNN	4349	VETERAN	ATLANTIC A.C	
574	02:03:26	MERKLE	ANNEMARIE	0	MASTER	PINE NUTS	
575	02:03:28	VAN EYK	RACHEL	0	VETERAN	NONE	
576	02:03:29	BECKETT	JAMES	506	GRAND MASTER	VARSITY OLD BOYS R.C	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
577	02:03:29	MERKLE	DAGMAR	0	VETERAN	NONE	
578	02:03:30	LEONG	CHERELLE	601	SENIOR	VARSITY OLD BOYS R.C	
579	02:03:31	OLDHAM	SPENCER	0	VETERAN	NONE	
580	02:03:31	SHEPHERD	JULIA	4305	SENIOR	ATLANTIC A.C	
581	02:03:43	KAMIES	ANWAR	5001	VETERAN	ITHEKO SPORT A.C	
582	02:03:46	VAN DE RHEEDE	FATIMA	4770	SENIOR	ITHEKO SPORT A.C	
583	02:03:47	SHABODIEN	RALDIA	4655	MASTER	ITHEKO SPORT A.C	
584	02:03:47	BREWER	SIRAJ	4999	SENIOR	ITHEKO SPORT A.C	
585	02:03:52	DAVIS	MEGAN	3105	SENIOR	WILDRUNNER A.C	
586	02:03:53	CASTRO	MONIA	3140	SENIOR	WILDRUNNER A.C	
587	02:03:55	HILL	HEATHER	2078	SENIOR	PINELANDS A.C	
588	02:03:57	HILL	SIMON	2074	SENIOR	PINELANDS A.C	
589	02:04:02	CHRISTIANS	RUWAYDA	5366	VETERAN	OMMIEDRAAI FRIENDS AC	
590	02:04:04	HARE	DEREK	886	VETERAN	VARSITY OLD BOYS R.C	
591	02:04:07	BURGHER	JEAN	2208	MASTER	PINELANDS A.C	
592	02:04:16	HENRICK	JACKIE	3121	MASTER	WILDRUNNER A.C	
593	02:04:21	MAJOLA	DANCIE	7191	VETERAN	WEST COAST A.C	
594	02:04:29	MATTHEWS	COLLEEN	6925	VETERAN	METROPOLITAN A.C	
595	02:04:43	MCFARLANE	WENDY	0	VETERAN	NONE	
596	02:04:55	DU PLESSIS	JAN	0	MASTER	HELDERBERG HARRIERS	
597	02:04:59	HARGREAVES	EARL	156	GRAND MASTER	CELTIC HARRIERS	
598	02:04:59	FREELING	SUE	1247	VETERAN	SPARTAN HARRIERS	
599	02:05:15	FINCA	CLEMENTINE	0	SENIOR	NONE	
600	02:05:17	TAYLOR	MICHELLE	1415	VETERAN	EDGEMEAD RUNNERS	
601	02:05:20	BOTHA	THEA	2573	MASTER	BRACKENFELL A.C	
602	02:05:30	LEVITT	ANDREA	4322	SENIOR	ATLANTIC A.C	
603	02:05:32	SUBRAMANIAN	RAJESH	11891	SENIOR	ATLANTIC A.C	
604	02:05:34	MARKS	RICHARD	5254	MASTER	HOUT BAY HARRIERS	
605	02:05:34	TRAYLOR	MANDA	0	VETERAN	NONE	
606	02:05:39	PETERSEN	CHERYL	1200	MASTER	STRAND A.C	
607	02:05:47	FORTUNE	LINDSAY	0	MASTER	TOP FORM A.C	
608	02:05:47	LOUBSCHER	SHU-AIB	2031	SENIOR	PINELANDS A.C	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
609	02:05:55	MATTHEWS	DONALD	6924	VETERAN	METROPOLITAN A.C	
610	02:05:56	NEUMANN	TRACY	0	VETERAN	ATLANTIC A.C	
611	02:06:22	HANSBY	WENDY	1516	SENIOR	EDGEMEAD RUNNERS	
612	02:06:35	WARD	DEBRA	1449	VETERAN	EDGEMEAD RUNNERS	
613	02:07:07	BONTHUYS	BRUCE	0	SENIOR	NONE	
614	02:07:07	WILSON	LAUREN	0	SENIOR	NONE	
615	02:07:11		NO RACE CARD	0			
616	02:07:12	TUNAR	TONY	1522	MASTER	EDGEMEAD RUNNERS	
617	02:07:27	STAFFORD	PAULINE	2992	MASTER	RUN\WALK FOR LIFE	
618	02:07:30	VAN HEERDEN	GERMANA	2998	MASTER	RUN\WALK FOR LIFE	
619	02:07:35	DU PLESSIS	JUAN	7756	SENIOR	NEW BALANCE MULTISPORT CLUB	
620	02:07:36	DU PLESSIS	ENGELA	7712	SENIOR	NEW BALANCE MULTISPORT CLUB	
621	02:08:02	CRONJE	ANTHONY	600	MASTER	VARSITY OLD BOYS R.C	
622	02:08:11	JONKER	DANEL	0	SENIOR	NONE	
623	02:08:37	BENADE	MARZELLE	0	SENIOR	NONE	
624	02:08:38	COETZEE	LINDA	2152	MASTER	PINELANDS A.C	
625	02:08:38	CLOETE	PHILLIPA	2166	VETERAN	PINELANDS A.C	
626	02:08:39	LEVERTON	RUTH	2052	GRAND MASTER	PINELANDS A.C	
627	02:08:40	RIST	DELYSE	2128	MASTER	PINELANDS A.C	
628	02:08:48	CROWSON	PAUL	0	MASTER	NONE	
629	02:08:52	DAVIS	BRONWYN	0	SENIOR	FISH HOEK A.C	
630	02:08:52	THOMAS	DEAN	0	SENIOR	NONE	
631	02:09:06	WATERBERG	BIANCA	8449	SENIOR	ATLANTIC A.C	
632	02:09:13	CUPIDO	RENEE	8680	VETERAN	ITHEKO SPORT A.C	
633	02:09:19	RUTTER	KAREN	0	MASTER	NONE	
634	02:09:20	LOV	MARIZA	0	SENIOR	NONE	
635	02:09:26	HUTTON	SHELAN	3123	MASTER	WILDRUNNER A.C	
636	02:09:31	PAMBUKA	ZOLA	10106	SENIOR	CENTURY CITY ATHLETICS CLUB	
637	02:09:45	ABRAHAMS	ZOHRA	4600	SENIOR	ITHEKO SPORT A.C	
638	02:09:48	DAVIDS	NAZREEN	4629	VETERAN	ITHEKO SPORT A.C	
639	02:09:48	DAVIDS	FAROUK	4630	VETERAN	ITHEKO SPORT A.C	
640	02:09:48	MAGOWAN	CAROLINE	5643	VETERAN	FISH HOEK A.C	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
641	02:09:48	BROWN	MARILETTE	6272	SENIOR	NEW BALANCE MULTISPORT CLUB	
642	02:09:58	MIZON	RAYMUNDE	172	MASTER	CELTIC HARRIERS	
643	02:10:18	MURRAY	JENELLE	1517	VETERAN	EDGEMEAD RUNNERS	
644	02:10:18	FOX	MANDY	1630	VETERAN	EDGEMEAD RUNNERS	
645	02:10:20	MUNIEN	THERESA	1519	VETERAN	EDGEMEAD RUNNERS	
646	02:10:44	VAN NIEKERK	CHENE	1885	SENIOR	RUN\WALK FOR LIFE	
647	02:10:45	DREYER	MARTHA	0	VETERAN	NONE	
648	02:10:51	BEYER	DELRAE	0	SENIOR	NONE	
649	02:11:06	MANNE	VELMER	349	MASTER	CELTIC HARRIERS	
650	02:11:11	VAN NIEKERK	ADELINA	1863	MASTER	RUN\WALK FOR LIFE	
651	02:11:26	WEIR	GAVIN	966	VETERAN	VARSITY OLD BOYS R.C	
652	02:11:29	ILIFFE	CHANTAL	4221	SENIOR	ATLANTIC A.C	
653	02:11:30	HEWAVISENTI	SHANTALIE	4228	SENIOR	ATLANTIC A.C	
654	02:11:35	VAN DER HEYDE	WENDY	7421	MASTER	GROOT CONSTANTIA	
655	02:11:37	BOSHOFF	KIM	1611	SENIOR	EDGEMEAD RUNNERS	
656	02:11:37	BARBER	LE-ANNE	1596	SENIOR	EDGEMEAD RUNNERS	
657	02:11:46	MITCHELL	MELODIE	0	MASTER	NONE	
658	02:12:04	BIRD	CHESNAE	3697	SENIOR	VODACOM STRIDERS	
659	02:12:23	WITZ	CAROL	3130	MASTER	WILDRUNNER A.C	
660	02:12:34	ALLIE	TOUGIEDA	4983	MASTER	ITHEKO SPORT A.C	
661	02:12:46	HENDRICKS	GERALDINE	678	VETERAN	VARSITY OLD BOYS R.C	
662	02:12:46	HENDRICKS	IVAN	0	MASTER	NONE	
663	02:13:08		NO RACE CARD				NO RACE CARD
664	02:13:58	BERNTZEN	ANNATJIE	2800	GREAT GRAND MASTER	TYGERBERG NLC A.C	
665	02:14:04	TUCKER	BEVERLEY	2160	MASTER	PINELANDS A.C	
666	02:14:05	MULLINS	ELEANOR	17384	SENIOR	NONE	
667	02:14:05	WOODS	BRIDGET-ANN	17432	SENIOR	NONE	
668	02:14:09	TYLDESLEY	FELICIA	17610	VETERAN	NONE	
669	02:14:09	ARNOLD	MAGHDI	2150	MASTER	PINELANDS A.C	
670	02:14:22	RADLEY	DANIELA	1580	VETERAN	EDGEMEAD RUNNERS	
671	02:14:23		NO RACE CARD				NO RACE CARD
672	02:14:25	AITKENHEAD	SILVANA	0	VETERAN	NONE	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
673	02:14:41		NO RACE CARD				NO RACE CARD
674	02:14:54	LEVERTON	KATHY	0	SENIOR	NONE	
675	02:15:10	BRAND	MARIA	0	VETERAN	ACSIS VOB R.C	
676	02:15:49	HUNDERMARK	BRENDA	0	VETERAN	NONE	
677	02:15:51	HUNDERMARK	KENNETH	0	GREAT GRAND MASTER	NONE	
678	02:16:20	KOTZE	ALTA	1655	MASTER	NEW BALANCE MULTISPORT CLUB	
679	02:16:40	ARENDSE	ROGER	1213	VETERAN	SPARTAN HARRIERS	
680	02:16:44	GORDON	NASTASSIA	1348	VETERAN	SPARTAN HARRIERS	
681	02:16:45	WILKINSON	KERRY	0	SENIOR	NONE	
682	02:16:43	CLELAND	KATHY	8563	MASTER	HIGHWAY ATHLETICS	
683	02:17:09	TROUT	MARISHA	1999	VETERAN	PAARL A.C	
684	02:17:13	RADLOFF	JENNIFER	0	MASTER	NONE	
685	02:17:46	CUNNINGHAM	CRAIG	0	MASTER	NONE	
686	02:17:51	CUPIDO	MICHELLE	2146	VETERAN	PINELANDS A.C	
687	02:17:52	MCCALLUM	FAZLIN	4758	VETERAN	ITHEKO SPORT A.C	
688	02:17:54	JADWAT	YASMIEN	4955	VETERAN	ITHEKO SPORT A.C	
689	02:18:00	MCCALLUM	ZAIDA	4759	VETERAN	ITHEKO SPORT A.C	
690	02:18:29	HEIDEMAN	SHEILA	0	VETERAN	METROPOLITAN A.C	
691	02:18:34	DANIELS	ANDY	0	MASTER	IN TOUCH A.C	
692	02:18:40	SOLOMON	KEITH	2207	MASTER	PINELANDS A.C	
693	02:18:44	BARNARD	PENNY	1137	VETERAN	VARSITY OLD BOYS R.C	
694	02:19:45	BARNARD	LAURA	0	SENIOR	NONE	
695	02:20:02	LIGHTFOOT	FIONA	0	SENIOR	NONE	
696	02:20:08	MEESER	JULIE	0	MASTER	NONE	
697	02:20:08	SCOTT	JENNIFER	0	MASTER	NONE	
698	02:20:26	DU TOIT	SANET	2484	VETERAN	BRACKENFELL A.C	
699	02:20:42	REYNOLDS	TRACY	9637	SENIOR	WEST COAST A.C	
700	02:20:47	YOUNG	MARJORIE	1540	VETERAN	EDGEMEAD RUNNERS	
701	02:20:47	SELLER	HELEN	1953	MASTER	WEST COAST A.C	
702	02:20:48	WILCOCK	DAVID	1973	VETERAN	WEST COAST A.C	
703	02:20:49		NO RACE CARD				NO RACE CARD
704	02:21:36	DUNN	CHANDRA-JAY	1167	VETERAN	SPARTAN HARRIERS	



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
705	02:21:36	JAMES	PAM	1155	MASTER	SPARTAN HARRIERS	
706	02:21:39	KIRBY	DAVE	1397	GREAT GRAND MASTER	SPARTAN HARRIERS	
707	02:21:40	FOURIE	LESLEY-ANN	0	VETERAN	NONE	
708	02:21:41	VAN COLLER	FIONA	0	VETERAN	NONE	
709	02:21:58	MCDERMOTT	CAITLAND	0	SENIOR	NONE	
710	02:22:13	LE ROUX	REGINE	0	SENIOR	NONE	
711	02:22:49	MAREE	CINDY	3527	VETERAN	TELKOM ATHLETICS CLUB	
712	02:22:51	DUBE	DIANA	0	SENIOR	NONE	
713	02:22:55	HARGREAVES	ERIN	0	SENIOR	NONE	
714	02:22:59	DU PLESSIS	RUAN	0	SENIOR	NONE	
715	02:23:32	HYSON	GREG	10248	SENIOR	NEW BALANCE MULTISPORT CLUB	
716	02:23:34	ANGOURAS	NATASHA	10228	SENIOR	NEW BALANCE MULTISPORT CLUB	
717	02:23:59	GERTSE	WARDA	4978	SENIOR	ITHEKO SPORT A.C	
718	02:24:15	MARKS	MALCOLM	2010	MASTER	WEST COAST A.C	
719	02:24:17	CAIRNCROSS	BRONWIN	2011	VETERAN	WEST COAST A.C	
720	02:24:33	BIRK	CHINELLE	2554	SENIOR	BRACKENFELL A.C	
721	02:24:35	HEWITT	DEAN	2575	SENIOR	BRACKENFELL A.C	
722	02:24:55	FISH	THERESE	240	MASTER	CELTIC HARRIERS	
723	02:24:57	PARK	MARIAN	372	SENIOR	CELTIC HARRIERS	
724	02:25:12	DREYER	EVA	2836	VETERAN	TYGERBERG NLC A.C	
725	02:26:08	HOLMES	PATRICIA	345	MASTER	CELTIC HARRIERS	
726	02:26:11	JASSIEM	ASHRAF	4697	VETERAN	ITHEKO SPORT A.C	
727	02:26:33	HENDRIKSE	ELIZKA	5234	VETERAN	DURBANVILLE A.C	
728	02:26:55	VAN DER WATT	MADELEIN	9224	VETERAN	IN TOUCH A.C	
729	02:28:17	GERTSE	ADELA	4975	MASTER	ITHEKO SPORT A.C	
730	02:28:22	BIRD	JODIE	0	SENIOR	NONE	
731	02:28:53	JANSEN VAN RENSBURG	ANNETTE	0	SENIOR	NONE	
732	02:29:49	MANTELL	JOHN	0	GREAT GRAND MASTER	WP CRICKET CLUB	
733	02:29:53	ARENDSE-TRANTRAAL	LAUREN	5122	SENIOR	SANLAM A.C	
734	02:29:55	TRANTRAAL	BYRON	9521	SENIOR	SANLAM A.C	
735	02:29:56	BUYS	ANNELIZE	565	VETERAN	VARSITY OLD BOYS R.C	
736	02:30:13	MICHAELS	CECILY	2428	GRAND MASTER	HELDERBERG HARRIERS	CUT-OFF



2013 Results



POS.	TIME	LAST NAME	FIRST NAME	LICENCE	AGE CATEGORY	CLUB	STATUS
737	02:30:57	RADLOFF	COLLEEN	0	VETERAN	NONE	CUT-OFF
738	02:31:02	BOTHA	CARLA	2553	MASTER	BRACKENFELL A.C	CUT-OFF
739	02:31:07	MOHAMED	KHADIJA	4736	SENIOR	ITHEKO SPORT A.C	CUT-OFF
740	02:31:08	MATTHEWS	TASNEEM	4757	SENIOR	ITHEKO SPORT A.C	CUT-OFF
741	02:31:53	FELAAR	GERMAINE	3108	VETERAN	WILDRUNNNER A.C	CUT-OFF
742	02:32:18	HUTCHINGS	ELEANOR	8994	SENIOR	FISH HOEK A.C	CUT-OFF
743	02:32:18	DA SILVA	CHARLENE	0	SENIOR	WILDRUNNNER A.C	CUT-OFF
744	02:34:55	CARIEM	AFROZ	0	SENIOR	NONE	CUT-OFF
745	02:36:13	KANNEMEYER	CRYSTAL	3712	SENIOR	VODACOM STRIDERS	CUT-OFF
746	02:36:14	SCHEEPERS	LYNN	0	SENIOR	NONE	CUT-OFF
747	02:37:04	BARNARD	CHARLIE	0	JUNIOR	NONE	CUT-OFF
748	02:37:04	BARNARD	ALAN	1138	MASTER	VARSITY OLD BOYS R.C	CUT-OFF
749	02:39:22	SEALS	VERA	2837	SENIOR	TYGERBERG NLC A.C	CUT-OFF
750	02:39:28	MULLER	ANNE	1565	VETERAN	RUN\WALK FOR LIFE	CUT-OFF
751	02:39:31	SWART	JAN	6300	MASTER	FIT 2000	CUT-OFF
752	02:42:36	HARGREAVES	JEAN	1223	MASTER	SPARTAN HARRIERS	CUT-OFF
753	02:48:42	KURT	RUDI	0	MASTER	NONE	CUT-OFF
754	02:48:53	KETTLEWELL	CHARLOTTE	51	GRAND MASTER	VARSITY OLD BOYS R.C	CUT-OFF